

WHAT IS CLAIMED IS:

1. A pharmaceutical composition for treating allergic asthma comprising:

- an extract of Radix Dioscorea;
- an extract of Rhizoma Alismatis;
- an extract of Poria cocos (schw) Wolf; and
- an extract of Scutellaria Baicalensis.

2. The pharmaceutical composition as claimed in claim 1, wherein said extracts of Radix Dioscorea, Rhizoma Alismatis, and Poria cocos (schw) Wolf are extracted through an alcohol of 0% to 95%.

3. The pharmaceutical composition as claimed in claim 1, wherein said extract of Scutellaria Baicalensis is extracted through an alcohol of 40% to 99%.

4. The pharmaceutical composition as claimed in claim 1, wherein each of said extracts of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis is separately extracted from Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis.

5. The pharmaceutical composition as claimed in claim 1, wherein said extracts of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis are simultaneously extracted from the mixture of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis.

6. The pharmaceutical composition as claimed in claim 1 further comprising an excipient.

7. The pharmaceutical composition as claimed in claim 1, wherein the weight ratio of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis is 1:1-2:0.5-2:1-3 respectively.

8. The pharmaceutical composition as claimed in claim 1, wherein said pharmaceutical composition is designed to treat patients with allergic asthma.

9. A method for preparing a pharmaceutical composition composed of the extracts of *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis* comprising:

extracting *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis* in an alcohol separately to form extracts of *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis*;

filtering and concentrating each of said extracts to form condensates of *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis*; and

mixing said condensates of *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis* together;

wherein said alcohol used for extracting is alcohol of 40% to 95%.

10. The method as claimed in claim 9, further comprising concentrating each of said condensates separately or together before drying together to form granules of *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis*.

11. The method as claimed in claim 9, further comprising adding an excipient to each of said condensates of *Radix Dioscorea*, *Rhizoma Alismatis*, *Poria cocos* (schw) Wolf, and *Scutellaria Baicalensis* before granulating.

12. The method as claimed in claim 9, wherein said granules are encapsulated.

13. The method as claimed in claim 9, wherein said alcohol for each extract is 0% to 90% of alcohol.

14. The method as claimed in claim 9, wherein the weight ratio of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis is 1:1-2:0.5-2:1-3 respectively.

15. A method for preparing a pharmaceutical composition composed of the alcohol extracts of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis comprising:

mixing Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis to form a mixture;

extracting said mixture in alcohol to form an alcohol extract of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis; and

filtering and concentrating said extract to form a condensate of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis;

wherein said alcohol used for extracting is alcohol of 0% to 95%.

16. The method as claimed in claim 15, further comprising granulating said condensate by spray-drying to form a granule of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis.

17. The method as claimed in claim 15, further comprising adding an excipient carboxyl methylcellulose and $\text{Ca}_3(\text{PO}_4)_2$ to said condensate of Radix Dioscorea, Rhizoma Alismatis, Poria cocos (schw) Wolf, and Scutellaria Baicalensis before granulating.

18. The method as claimed in claim 15, wherein said granule is encapsulated.

19. The method as claimed in claim 15, wherein said alcohol in said extracting is 0% to 50% alcohol.

20. The method as claimed in claim 15, wherein the weight ratio of

Radix *Dioscorea*, Rhizoma *Alismatis*, Poria *cocos* (schw) Wolf, and *Scutellaria Baicalensis* of said condensate is 1: 1-2:0.5-2:1-3 respectively.